

1 **Impact of active ingredients on the swelling properties of orally**
2 **disintegrating tablets prepared by microwave treatment**

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21 **Abstract**

22 The impact of different active pharmaceutical ingredients (APIs) loading on
23 the properties of orally disintegrating tablets (ODTs) prepared according to our
24 previously reported microwave (MW) treatment process was evaluated using
25 famotidine (FAM), acetaminophen (AAP), and ibuprofen (IBU). None of the APIs
26 interrupted the tablet swelling during the MW treatment and the tablet hardness were
27 improved by more than 20 N. MW treatment, however, led to a significant increase in
28 the disintegration time of the ODTs containing IBU, but it had no impact on that of
29 the ODTs containing FAM or AAP. This increased disintegration time of the ODTs
30 containing IBU was attributed to the relatively low melting point of IBU ($T_m = 76^\circ\text{C}$),
31 with the IBU particles melting during the MW treatment to form agglomerates, which
32 interrupted the penetration of water into the tablets and delayed their disintegration.
33 The effects of the MW treatment on the chemical stability and dissolution properties
34 of ODTs were also evaluated. The results revealed that MW treatment did not promote
35 the degradations of FAM and AAP or delay their release from the ODTs, while
36 dissolution of the ODTs containing IBU delayed by MW treatment. Based on these
37 results, the MW method would be applicable to the preparation of ODTs containing
38 APIs with melting points higher than 110°C .

39

40 **Keywords:** Orally disintegrating tablet; microwave; famotidine; acetaminophen,
41 ibuprofen, fluorescence

42

43 **Abbreviations:** APIs, active pharmaceutical ingredients; AAP, acetaminophen; FAM,
44 famotidine; IBU, ibuprofen; L-HPC, low-substituted hydroxypropyl cellulose; ODT,
45 orally disintegrating tablet; XCT, X-ray computed tomography.

46 **1. Introduction**

47 Orally disintegrating tablets (ODTs) are designed to dissolve or disperse in a
48 small amount of water in the oral cavity to enable patients with dysphagia or restricted
49 water intake to swallow tablets, and therefore represent one of the most patient
50 friendly dosage forms available for the ingestion of medicines (Shoriken, 2003;
51 Carnaby-Mann, 2005). Several methods have been developed for the preparation of
52 ODTs (Seager, 1991; Mizumoto et al., 2005; Sugimoto et al., 2005; Kuno et al., 2005),
53 and these methods have ultimately resulted in the commercialization of ODTs. The
54 wet molding method is one of those techniques and the method produces ODTs
55 having porous tablets resulting rapid disintegration in oral cavity (Tsushima et al.,
56 2001). Although the tablet hardness of wet molded tablet is greater than lyophilized
57 tablets, some products prepared by wet molding method have issue of fragile. To
58 overcome this issue, we have recently developed and reported a novel method for the
59 preparation of ODTs using microwave (MW) technology (Sano et al., 2011 and 2013).
60 In our previously reported method, the ODTs were prepared according to a wet
61 molding method and the resulting wet tablets, which contained sugar alcohol and
62 water-absorbable materials, were then heated by MW irradiation. During the MW
63 treatment, the ODTs effectively swelled, which led to a reduction in the density of the
64 solid component of the resulting tablets and a decrease in the disintegration time. In
65 contrast, the water vapor generated in the tablet during the MW treatment promoted
66 the formation of solid bridges between the granules that contributed to an increase in
67 the hardness of the tablets. Using this methodology, we demonstrated that it was
68 possible to improve the hardness and disintegration properties of the ODTs, and
69 expanded the design space available for formulation and preparation of tablets using
70 the wet molding method. However, we never evaluated the impact of loading of drug

71 substances into these tablets.

72 In this study, we have evaluated the impact of loading of specific active
73 pharmaceutical ingredients (APIs) on the properties of ODTs manufactured using our
74 previously reported methodology. Famotidine, acetaminophen and ibuprofen were
75 selected as model APIs for this study because they have different melting points as
76 well as different solubilities in water.

77

78 **2. Materials and methods**

79 **2.1. Materials**

80 D-mannitol, in its δ crystalline form, which were marketed as Parreck[®] delta
81 M and L-HPC (mean particle size and hydroxypropoxy group: NBD-020, 45 μm),
82 were supplied by Merck Ltd. (Tokyo, Japan) and Shin-Etsu Chemical Co. Ltd. (Tokyo,
83 Japan), respectively. D-mannitol, in its β crystalline form, was purchased from Merck
84 Ltd. Famotidine (FAM) was supplied from Yoshindo Inc. (Toyama, Japan),
85 acetaminophen (AAP) from Iwaki Seiyaku Co., Ltd (Tokyo, Japan) and ibuprofen
86 (IBU) from BASF Japan (Tokyo, Japan). The fluorescence probe, 8-anilino-1-
87 naphthalenesulfonic acid (ANS), was purchased from Tokyo Chemical Industry Co.
88 Ltd. (Tokyo, Japan).

89

90 **2.2. Preparation of ODTs**

91 According to the procedure described in our previous paper (Sano et al.,
92 2013), δ crystal mannitol (35.7 g), β crystal mannitol (15.3 g), and L-HPC (9.0 g)
93 were mixed to give the premixed excipient powder. The ratio of mannitols and L-HPC
94 was fixed based on the result of previous study as the impact of API loading on
95 swelling property can be easily detected. The premixed powder blend (3.0–5.4 g) and
96 the APIs (0.6–3.0 g), including FAM, IBU, and AAP, were weighed and placed in a
97 mortar and mixed using a pestle to obtain a homogeneous mixture. Deionized water
98 (15 to 25% in weight with respect to the solid component of 6 g) was then added to
99 the mortar and the mixture was granulated for approximately 5 min. The wet granules
100 were then sieved using a sieve specified as the Japanese Pharmacopoeia XVI. A
101 portion of the sieved wet granules was weighed for each tablet (approximately 250 mg
102 as a dried tablet) and compressed using a compaction test apparatus (Autograph AG1

103 5 kN, Shimadzu, Kyoto, Japan), fitted with 9.5 mm diameter flat face punches.
104 Compression was performed at a speed of 10 mm/min until the compression force
105 reached a set value of 0.5–0.6 kN. The resulting wet molded tablets were then MW-
106 heated in a MW oven (EMO-FZ40, SANYO, Osaka, Japan) at 500 W. The required
107 MW irradiation time was determined as the weight loss by MW treatment reaches
108 more than 90% of the equilibrium point. The duration of MW treatment ranged from 4
109 to 7 min. Five wet molded tablets were simultaneously MW-heated and then dried in a
110 thermostatic chamber set at 40°C for more than 16 h. Wet molded tablets, that had not
111 been subjected to the MW treatment, were also dried in the chamber under the same
112 conditions, and used as a reference. The resulting tablets were then placed in a
113 desiccator with silica gel to avoid water uptake from the air prior to the measurement
114 of their characteristics.

115

116 ***2.3 Surface temperature of tablets***

117 The surface temperature of the tablets was measured using an infrared
118 radiation thermometer (IR-TA, Chino, Tokyo, Japan).

119

120 ***2.4. Characterization of tablets***

121 ***2.4.1. Tablet hardness***

122 The fracture strength of the tablets was defined as the force required for
123 breaking the tablet by radial compression. The tablet hardness was measured using a
124 tablet hardness tester (KHT-20N, Fujiwara Scientific, Tokyo, Japan). All of the
125 measurements were performed in triplicate.

126

127 *2.4.2. Disintegration time*

128 The disintegration time was measured using a rapid disintegration tablet
129 tester (ODT-101, Toyama Sangyo, Osaka, Japan) (Narazaki et al., 2004; Harada et al.,
130 2006). Purified water was used as the medium, and the medium temperature was kept
131 at $37 \pm 0.5^\circ\text{C}$. The rotation speed and weight were set at 25 rpm and 15 g, respectively.
132 All of the measurements were performed in triplicate.

133

134 *2.4.3. Tablet thickness*

135 The thickness was measured at the center of the tablet using a micrometer
136 with a precision of 0.01 mm (IDF-1030, Mitsutoyo Corporation, Kanagawa, Japan).
137 Three tablets were randomly selected for the thickness measurements, and the average
138 values being used for the calculation.

139

140 *2.5. X-ray computed tomography (CT)*

141 X-ray CT images of the tablets were obtained using a peripheral quantitative
142 computed tomography system (XCT ResearchSA+, Startech Medizintechnik GmbH.,
143 Pforzheim, Germany). The density distribution was obtained from a tablet, that had
144 been sliced through its center. The voltage, current, and resolution values were 50 kV,
145 0.5 mA, and 0.03 mm, respectively. The distribution of X-ray attenuation coefficient
146 was calculated using the slice.

147

148 *2.6 Evaluation of internal environment of IBU-ODTs using a fluorescence probe*

149 *2.6.1. Preparation of IBU-ODTs containing fluorescence probe*

150 Ibuprofen ODTs (IBU-ODTs) containing a fluorescence probe were prepared
151 using ANS as an environmentally-responsive fluorescence probe. The premixed

152 powder blend (5.3 g), ibuprofen (0.5 g), and ANS (0.1 g) were mixed, and the
153 resulting dry blend was compressed into tablets at 5 kN using a compaction test
154 apparatus (Autograph AG1 5 kN, Shimadzu), fitted with flat face punches made of
155 stainless of 8.0 mm in diameter. The tablets were placed in a heat static chamber to
156 melt the IBU and subsequently cooled in a desiccator with a desiccant (silica gel)
157 under ambient conditions. Heating temperature was set at 100°C, because temperature
158 of the tablet surface just after microwaved was approximately 100°C. A physical
159 mixture of IBU and ANS was prepared to be used as a reference material, and half of
160 this physical mixture was placed in a glass vial. Since IBU in the physical mixture
161 was found to be completely melted at 90°C by visual observation, physical mixture
162 was heated at 90°C for 3 hours using a heat static chamber.

163

164 *2.6.2. Evaluation of Fluorescence property of IBU-ODTs containing ANS*

165 The effective hydrophobicity of the tablets was estimated using the
166 fluorescent characteristics of the ANS. The IBU-ODTs containing ANS that were
167 prepared using the direct compression method were crushed using a pestle and a
168 mortar, and the resulting powders were used for the evaluation process. Fluorescence
169 spectra were recorded with an excitation wavelength of 365 nm on an F-4500
170 fluorescence spectrophotometer (Hitachi, Tokyo, Japan). Evaluations were conducted
171 using a plastic cell (10 × 10 mm). The slit widths for the excitation and emission were
172 set at 10.0 and 20.0 nm, respectively.

173 The appearances of the tablets and the reference material, as well as the
174 physical mixture of IBU and ANS, were observed under UV illumination using a UV
175 lamp (UVLMS-38 EL Series 3UV lamp, UVP, Upland, CA, USA) with a wavelength
176 of 365 nm.

177

178 **2.7. Powder X-ray Diffraction**

179 Crystal form of the mannitol in each formulation was characterized by a
180 powder X-ray diffraction system (RINT VHF2500, Rigaku, Tokyo, Japan). The
181 measurement conditions were as follows: target, Cu-K α ; generator voltage, 45 kV;
182 tube current, 40 mA; and data angle range, $2\theta = 5-40^\circ$. Each tablet was gently
183 ground using a mortar and pestle and used for measurement.

184

185 **2.8. Stability study**

186 The tablets containing 25 mg of FAM or AAP were placed on a petri dish in a
187 desiccator alongside a saturated sodium chloride solution, and the desiccator itself
188 was then placed in a chamber controlled at 25°C. Thus, the conditions inside the
189 desiccator were 25°C and 75% relative humidity (RH), and the tablets were stored
190 under these conditions for 1 or 2 weeks. The physical properties of the tablets, such as
191 their thickness, hardness, and disintegration time, were subsequently evaluated as
192 described above.

193

194 **2.9. Dissolution study**

195 The famotidine ODTs (FAM-ODTs), acetaminophen ODTs (AAP-ODTs),
196 and IBU-ODTs were subjected to a dissolution study using a dissolution tester (NTR-
197 6100A, Toyama Sangyo) with UV-VIS spectrometer (UV-1700, Shimazu), in
198 accordance with the dissolution test method described in the Japanese Pharmacopoeia
199 2nd method (paddle method). The paddle rotation speed and dissolution media
200 temperature were set at 50 rpm and 37°C, respectively. Water (900 mL) was used for
201 FAM-ODTs and AAP-ODTs and phosphate buffer (pH 6.8, 900 mL) was used for

202 IBU-ODTs as the dissolution test medium. The releases of FAM, AAP, and IBU were
203 detected by differences in the absorbance characteristics at 285 and 450 nm, 243 and
204 350 nm, and 264 and 450 nm, respectively. Three tablets of each sample were used for
205 the measurements and the averaged results were reported.

206

207 ***2.10. Evaluation of assay and decomposition in acetaminophen tablet***

208 An assay for the AAP-ODTs was performed according to the HPLC method
209 described in the Japanese Pharmacopoeia. Chromatographic analysis was performed
210 on a HPLC system (2487 Dual λ Absorbance Detector, Waters, Milford, MA, USA)
211 using a Mightysil RP 18GP (150 \times 4.6 i.d., 5 μ m particle size) column. The mobile
212 phase used for the analysis consisted of 0.05 mol/L potassium phosphate solution (pH
213 4.7) and methanol (4:1 v/v). The flow rate was set at 0.7 mL/min to allow for the
214 retention time of AAP to be adjusted to approximately 5 min. AAP was detected by
215 the absorbance at 225 nm.

216 A working standard of AAP was prepared by dissolving 25 mg of AAP in the
217 mobile phase. The three tablets were crushed and 25 mg samples of the resulting
218 powder were accurately weighed and placed into a 25 mL measuring flask.
219 Approximately 20 mL of the mobile phase was then added to the powder, and the
220 resulting mixture stirred magnetically for 60 min before being made up to a total
221 volume of 25 mL. The resulting sample solution was then centrifuged at 10,000 $\times g$
222 for 10 min, and the supernatant liquid was collected and used for injection.

223 The assay was calculated based on the peak area derived from the AAP
224 working standard.

225

226 ***2.11. Evaluation of assay and decomposition in famotidine tablet***

227 The evaluation of assay and related substance of FAM-ODTs was performed
228 in a similar manner to the HPLC method previously reported by Helali et al. (2004).
229 Chromatographic analysis was performed according to the HPLC system described
230 above (Section 2.10) with an L-Column ODS (250 × 4.6 i.d., 5 μm particle size)
231 column. The mobile phase used for the analysis consisted of 0.1 mol/L phosphate
232 potassium solution (pH 3.0) and acetonitrile (13:87 v/v). The pH of the potassium
233 phosphate solution was adjusted with phosphoric acid. Triethylamine (2% v/v) was
234 added to the potassium phosphate solution. The flow rate was set at 1.0 mL min⁻¹ and
235 a wavelength of 265 nm was used for the detection.

236 The assay was calculated based on the peak area derived from the FAM
237 working standard.

238

239 **3. Results and discussion**

240 ***3.1. Impact of Loading of APIs on the Physical Properties of the Tablets***

241 The solubility of an API is considered to be one of the most important
242 characteristics in terms of its impact on the disintegration ability of an ODT.
243 Furthermore, given that the MW treatment results in the heating of the tablet, the
244 potential impact of the API's melting point should also be considered. With this in
245 mind, FAM, IBU, and AAP were used in the current study as model APIs because
246 they have different aqueous solubility and melting point. AAP has the highest aqueous
247 solubility (15.8 mg/mL) and melting point ($T_m = 169^\circ\text{C}$) among the three APIs tested,
248 whereas FAM has a high melting point ($T_m = 164^\circ\text{C}$) and low aqueous solubility (1.9
249 mg/mL). In contrast, IBU has a low aqueous solubility (0.077 mg/mL) and low
250 melting point ($T_m = 76^\circ\text{C}$).

251 To evaluate impact of loading the APIs on the tablet properties, ODTs
252 containing 10% of each of APIs were prepared under the same conditions (i.e.,
253 granulation fluid amount: 900 μ L, compression force: 0.5 kN) with or without MW
254 treatment, and the thickness, hardness, and disintegration time of the resulting tablets
255 were subsequently evaluated (**Fig. 1**). The ODTs containing the APIs swelled as a
256 consequence of the MW treatment, with the degree of swelling being similar to that
257 observed for the placebo tablets (**Fig. 1a**). Potential changes in the internal structures
258 of the tablets resulting from the MW treatment were evaluated using X-ray computed
259 tomography (CT). The X-ray attenuation coefficient distributions of the MW-
260 untreated and MW-treated ODTs were compared (**Fig. 2a, b, c**). The X-ray attenuation
261 coefficient is largely dependent on the atomic elements making up the materials and
262 the density (Sinka et al., 2004; Noguchi et al., 2013). Since the MW treatment does
263 not lead to changes in the composition of tablets, except for the evaporation of water,
264 the observed differences in the attenuation coefficients were attributed to differences
265 in the density of solid components. The distributions of the different ODTs shifted to
266 lower values, which indicated that the porosity of the tablets increased as a
267 consequence of the swelling. In this figure, the results obtained from MW-untreated
268 and MW-treated ODTs were shown as semi-solid and solid lines, respectively. The
269 distribution of attenuation coefficients of those ODTs was slightly shifted to smaller
270 side and this result explained that the density of solid components in the tablet
271 decreased by increases in thickness following MW treatment. CT slice images of the
272 IBU-ODTs are shown in **Fig. 2d and e**, where the bright and dark areas represent
273 areas of high and low density of the components, respectively. The dark area, in
274 particular, increased significantly at the center of the tablet following MW treatment.
275 This result suggested that the density at the center of the tablet was being reduced by

276 the swelling Although the decrease in density of solid components in the tablets was
277 observed, the tablet harnesses of FAM-ODTs, AAP-ODTs, and IBU-ODTs increased
278 by 35 N, 20 N, and 28 N by MW treatment, respectively (**Fig. 1b**). The disintegration
279 time of FAM-ODT and AAP-ODT slightly retarded compared with the placebo (**Fig.**
280 **1c**). However, their disintegration times did not exceed 30 seconds, suggesting that
281 the MW treatment did not have a considerable impact on disintegration time of the
282 ODTs containing FAM and AAP. On the other hand, the disintegration time of the
283 IBU-ODT was significantly delayed by up to 3 min following the MW treatment.
284 Previously, Ritesh et al. (2012) reported that the disintegrations of ODTs prepared by
285 the direct compression method were not delayed by the addition of ibuprofen in a
286 range between 0 to 50 mg. Based on differences in the methods of preparation, it was
287 assumed that the IBU melted during the MW treatment and formed agglomerates,
288 which would have prevented water from penetrating the tablets, and led to the
289 observed delay in the disintegration of the tablets. To confirm whether this
290 phenomenon was associated with the melting of the IBU during the MW treatment,
291 we also prepared IBU-ODTs containing ANS via the direct compression method. The
292 main advantage of this technique over the wet molded method is that it avoids the
293 formation of excessive interactions between the IBU and ANS during tablet
294 preparation. Furthermore, this technique allows for the heat treatment process to be
295 conducted in a static heat chamber instead of a MW oven, and therefore allows for
296 better control over the heat treatment process. ANS is known as an environmentally-
297 responsive fluorescence probe that exhibits strong fluorescence properties as well as
298 high quantum yields under non-protic condition (Edward et al., 1983; Lubert, 1965;
299 Oktay and Ben, 2007). To definitively confirm the effect of the interaction between
300 IBU and ANS, we initially attempted to evaluate any changes in the fluorescence of

301 the physical mixture of ANS and IBU before and after the melting treatment (90°C).
302 As shown in **Fig 3a**, the physical mixture showed weak green fluorescence prior to
303 the melting treatment, whereas the mixture showed strong blue fluorescence after the
304 treatment process. Based on this result, it was confirmed that the interaction between
305 ANS and IBU was enhanced by the melting of IBU. The fluorescence properties of
306 the heat-treated IBU-ODTs containing ANS were then compared with those of the
307 ODTs that had not been subjected to the heat treatment. The appearances of these
308 samples under illumination at the excitation wavelength of ANS (365 nm) are shown
309 in **Fig. 3b**. The heat-treated ODTs showed strong fluorescence, whereas the untreated
310 tablet showed only weak fluorescence. This difference in the fluorescence intensities
311 was quantitatively detected, as shown in **Fig. 3c**, and the fluorescence intensities
312 obtained from the heat-treated ODTs were 5-fold greater than those of the untreated
313 ODTs. These changes in fluorescence intensity indicated that the ANS was being
314 incorporated into the agglomerated hydrophobic IBU particles as a consequence of the
315 melting of IBU during the heat treatment. In fact, the surface temperatures of the IBU-
316 ODTs prepared using our technology were approximately 100 to 110°C, indicating
317 that the agglomeration of the IBU observed in the IBU-ODTs containing ANS must
318 have occurred.

319 Based on these results, it was concluded that this technology would be
320 successfully applied to APIs with melting points greater than the temperatures
321 achieved during the MW treatment, regardless of their solubility.

322

323 ***3.2. Impact of the Loading Amount of FAM and AAP on the Tablet Properties***

324 We proceeded to investigate the impact of the loading amounts of FAM and
325 AAP on the tablet properties. The loading amounts of these APIs were varied from

326 10% (25 mg/250 mg) to 50% (125 mg/250 mg), and the thickness, hardness, and
327 disintegration time of the resulting tablets were evaluated. As shown in **Fig. 4a**,
328 significant increases were observed in the thickness of the FAM-ODTs containing 10
329 and 20% FAM following the MW treatment. However, the degree of swelling
330 decreased as the FAM amount ratio increased. Significant increases were also
331 observed in the hardness of the FAM-ODTs up to 20% FAM amount ratio following
332 the MW treatment (**Fig. 4c**). Increases in the FAM amount ratio to over 30%, however,
333 resulted in a slight decrease in the hardness of FAM-ODTs. Increase in the FAM
334 amount ratio led to a slight increase in the disintegration time, although the
335 disintegration time never exceeded 30 s, even when the FAM amount ratio was 50%
336 (**Fig. 4e**). The AAP-ODTs also showed significant swelling at an AAP amount ratio of
337 up to 30% (**Fig. 4b**). Significant increases were also observed in the hardness of all of
338 the AAP-ODTs following the MW treatment (**Fig. 4d**). In contrast, there were no
339 significant changes in the disintegration time of the tablets following the MW
340 treatment, even though the tablet hardness increased (**Fig. 4f**). Taken together, these
341 results demonstrated that our new method could be successfully applied to the
342 preparation of a wide range of ODTs with relatively high API amount ratio.

343

344 ***3.3. Impact of Moisture Absorption during Storage on Tablet Properties***

345 The impact of moisture absorption during storage on the tablet properties was
346 evaluated using FAM-ODT (10%) by monitoring changes in the tablet properties. The
347 FAM-ODTs were stored at 25°C under 75% RH for 2 weeks, and the thickness,
348 hardness, and disintegration time of the tablets were measured using samples taken
349 both before and after 1 and 2 weeks storage under these conditions. The results are
350 shown in **Fig. 5**. No discernible differences were observed in the thickness and

351 disintegration time of the FAM-ODTs throughout the storage period (**Fig. 5a and c**).
352 In contrast, the tablet hardness values of the MW-treated and MW-untreated tablets
353 were reduced significantly after 1 week storage, although no further reductions were
354 observed after 2 weeks for both types of tablet (**Fig. 5b**). Following 2 weeks under the
355 experimental conditions, however, the hardness value of the MW-treated tablet was
356 less than 50 N. This low hardness value could be attributed to the high water
357 absorption ability of L-HPC or a change in the crystalline form of δ -crystal mannitol.
358 L-HPC has the ability to increase its volume by absorbing water and this would
359 promote the disintegration of granules (Kawashima et al., 1993; Late et al., 2009). In
360 addition, it has been reported that the δ -crystalline form of mannitol can be converted
361 to the corresponding β -crystalline form with a reduction in particle size under high
362 humidity conditions (Yoshinari et al., 2002 and 2003). Samples of the material both
363 before and after 2 weeks of storage were collected and analyzed by X-ray powder
364 diffractometry to determine whether the δ -crystal form of mannitol had changed
365 during the simulated storage experiment (**Fig. 6**). The results of this analysis revealed
366 that no significant changes had occurred in the crystalline form of mannitol or FAM,
367 and demonstrated that there was no relationship between the observed changes in the
368 tablet hardness and the crystalline form of the materials. The observed reduction in
369 the tablet hardness of the FAM-ODTs with or without the MW treatment was
370 therefore attributed to the composition of the L-HPC. In this study, the ratio of L-HPC
371 was set at relatively high level due to easy detection for degree of swelling during
372 MW treatment. Therefore, the amount of L-HPC used when applying this technology
373 to the construction of API-ODTs should be kept to a minimum to maintain the tablet
374 characteristics in the ranges of optimized formulation.

375

376 **3.2. Impact of Microwave Treatment on Dissolution and Impurity Profiles**

377 The dissolution profiles of MW-treated and MW-untreated FAM-ODTs
378 (10%), AAP-ODTs (10%), and IBU-ODTs (10%) are shown in **Fig. 7**. FAM and AAP
379 had been completely released within 5 min and the MW treatment did not affect the
380 dissolution behaviors of the tablets, while release of IBU was drastically delayed by
381 MW treatment. The results obtained from IBU-ODTs were consistent with that of
382 disintegration time. To investigate the effect of the MW treatment on the
383 decomposition of FAM and AAP in more detail, the APIs were assayed using a HPLC
384 method to determine the extent of any degradation. The results revealed that no new
385 peaks or increases in the intensities of peaks derived from decomposition of APIs
386 were observed in the HPLC chromatograms of the FAM-ODTs and AAP-ODTs
387 following the MW treatment (data are not shown). The materials were assayed based
388 on the peak areas of the APIs relative to those of the standard solutions. The results
389 revealed that the assays of the MW-untreated and MW-treated FAM-ODTs (10%)
390 were 98.4 and 99.3%, and those of the MW-untreated and MW-treated AAP-ODTs
391 were 99.5 and 100.3%. Based on these results, it was concluded that the MW
392 treatment did not cause the decomposition of the APIs, although the risk of
393 decomposition should be judged on a case-by-case basis, because it could be
394 dependent on the chemical properties of the loaded API.

395

396 **4. Conclusion**

397 In the current study, the effects of loading three different APIs on the
398 properties of ODTs prepared using our previously reported novel MW technology
399 were evaluated to develop a greater understanding of this method and its overall
400 utility for the preparation of ODTs. FAM, AAP, and IBU were used as model drugs for

401 the current study because they have different melting points and aqueous solubility.
402 Among the APIs tested, a delay was observed in the disintegration time and
403 dissolution of the IBU-ODTs that was caused by the MW treatment. Data obtained
404 using an environment-responsive fluorescence probe demonstrated that the IBU
405 melted during MW heating process and formed agglomerates, which interrupted the
406 disintegration of the tablet. In contrast, the ODTs containing AAP and FAM, which
407 both have melting points in excess of 150°C and greatly-differing aqueous solubilities,
408 did not form agglomerates in the same way as the IBU-ODTs and had better
409 disintegration time. The hardness of the AAP-ODTs and FAM-ODTs increased
410 following the MW treatment whilst their disintegration times remained less than 30
411 seconds. In addition, the results of HPLC assays of the APIs in these ODTs revealed
412 that the MW treatment did not lead to the decomposition of the APIs. When the
413 loading amount of AAP and FAM was increased up to 50% (125 mg/250 mg), the
414 hardness of the tablets were greater than 50 N and the disintegration times were less
415 than 30 seconds, representing properties well within the general requirements for
416 ODTs. Based on these results, this novel technology has the potential to be used as an
417 effective tool for preparing ODTs with APIs with higher melting point (at least with
418 melting points greater than 110°C).

419 The wet molding tableting machine (Tsushima et al., (2001) consists of two
420 sections for compression and conveyor drying. In this machine, the wet tablets after
421 compression are continuously supplied to conveyor dryer to dry and improve tablet
422 hardness. After that, the tablets are completely dried in a static chamber. Up to now,
423 the conveyor type microwave oven has been already commercialized. If this conveyor
424 type microwave oven was attached with a wet molding tableting machine, ODT could
425 be continuously and stably prepared and second drying process using the static

426 chamber is not required. Therefore, our technology could be adapted to
427 commercialization and further study would be therefore needed.

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501 **Figure captions**

502 **Figure 1.** Effect of the MW treatment on the physicochemical properties of the ODTs
503 containing FAM, IBU, and AAP. The thickness a), hardness b), and disintegration
504 time c) of the tablets. The grey and black bars show data obtained from the MW-
505 untreated and MW-treated tablets, respectively. ** $P < 0.01$ and * $P < 0.05$ versus the
506 microwave-untreated tablet.

507

508 **Figure 2.** Effect of the MW treatment on the density distributions of the ODTs
509 containing FAM a), IBU b), and AAP c). Dashed line and solid line shows data
510 obtained from MW-untreated and MW-treated ODTs, respectively. X-ray slice images
511 of IBU-ODT before d) and after e) the MW treatment.

512

513 **Figure 3.** Appearance of the mixture of ANS and ibuprofen a) and IBU-ODTs
514 containing ANS b) under illumination at a wavelength of 365 nm, as well as the
515 fluorescence spectrum of IBU-ODTs c).

516

517 **Figure 4.** Effect of the drug loading on the properties of the ODTs containing FAM
518 and AAP. The thickness a) and b), hardness c) and d), and disintegration time e) and
519 f) of the tablets are shown in the figure. The grey and black bars shows data obtained
520 from the MW-untreated and MW-treated tablets, respectively. ** $P < 0.01$ and * $P <$
521 0.05 versus microwave-untreated tablet.

522

523 **Figure 5.** Effect of moisture absorption on the properties of the FAM-ODTs. The
524 MW-treated and MW-untreated FAM-ODTs were held at 25°C under 75% RH for 2
525 weeks. The thickness a), hardness b), and disintegration time c) of the tablets are

526 plotted in the figure.

527

528 **Figure 6.** Effect of moisture absorption on the crystalline form of the mannitol in the
529 FAM-ODTs. The X-ray diffraction spectra of the MW-untreated a) and MW-treated
530 b) tablets immediately before and 2 weeks after storage at 25°C under 75% RH.

531

532 **Figure 7.** Dissolution profiles of the FAM-ODTs, AAP-ODTs and IBU-ODTs.